

2019-2020 Academic Year Internship Opportunities

Mentor: Tracy Gladstone, Ph.D.

Internship Topic: Depression Prevention Efforts for Adolescents and Families

Internship Description:

Youth depression is a problem of major proportions, particularly for disadvantaged youth who often lack access to mental health resources. Depression is also a family illness, such that children of depressed parents are at increased risk of experiencing a depressive episode, family-related factors are associated with the development and maintenance of depressive symptoms, and parental depression may interfere with children's response to interventions targeting depression.

Dr. Gladstone's work focuses on the prevention of depression in at-risk adolescents. She is working on several different programs related to the prevention of youth depression. Her current work includes:

- Working in local school systems to screen for adolescent depression
- Evaluating an internet-based depression prevention program delivered to adolescents identified through primary care
- Examining the relationship between parental depression and adolescents' use of depression prevention programs.

An intern working with Dr. Gladstone may work on any of her current projects.

Intern Responsibilities:

The intern may be trained to administer structured clinical interviews with parents of at-risk teens, with clinical supervision from staff. The intern also would help with general study activities and would have the opportunity to learn about a large clinical trial of a depression prevention program for adolescents. In addition, an intern would be able to learn about and perhaps assist with a number of depression prevention programs underway in our research group.

Skills Required:

The intern should be a rising junior or senior with strong interpersonal skills and comfort with speaking over the phone and other phone-related work. A background in psychology is preferred.