

youth, media & wellbeing RESEARCH LAB @ Wellesley Centers for Women

FREE VIRTUAL AFTER SCHOOL WORKSHOP

Digital Wellbeing
For Middle-School Girls

taught by Wellesley College students and other social media experts

JOIN US FOR MULTIPLE WORKSHOP OPPORTUNITIES TO LEARN MORE ABOUT DIGITAL WELLBEING THROUGH EXPLORING TOPICS LIKE APP DESIGN, DIGITAL CITIZENSHIP, MENTAL HEALTH, AND SO MUCH MORE!

Deceptive Design and Al

March 14 @ 6:30-7:30PM ET

Mental Health and Emotional Regulation

March 26 @ 6:30-7:30PM ET

Mental Health: Body Image

April 2 @ 6:30-7:30PM ET

LGBTQ+ and Social Media

April 9 @ 7:00-8:00PM ET

Meets in person!

Cyberbullying and Marginalized Identity

April 22nd @ 6:30-7:30PM ET

Digital Citizenship

April 23 @ 6:30-7:30PM ET

Imagining and Designing Apps for Wellbeing

April 25th @ 6:30-7:30PM ET

Questions? Email youthmediawellbeing@wcwonline.org

First Come First Serve Registration

Most session on Zoom!

scan to register



bit.ly/DigitalWellbeingClub

Enroll up until the day of the session!

Kindly sponsored by the Metrowest Women's Fund & Wellesley Centers for Women