

BOOK AND VIDEO RESOURCES

Books for Mothers

Breaking the Cycle: A Parenting Guide for Single Mothers of Children Who Have Witnessed Domestic Violence by M. Davidson, Angela Henderson, Janet Ericksen, and Sharon Ogden, University of British Columbia School of Social Work, 1997 54 pages

This manual gives a parenting guide for mothers who have been abused, and includes information on the effects on children of exposure to domestic violence.

Children from Domestic Violence, Healing the Wounds: A Guide for Moms by J. McDermott and F.W. Burck, Rockland Family Shelter, Rockland, NY, 1990. 42 pages

Answers basic questions that battered women have about domestic violence and parenting, with space for women to write in their own thoughts and experiences.

We Can't Play at My House, Book I: Guidebook for Parents by S. Dowait and S. Craig. Boulder County Safehouse, Boulder, CO, 1988

Handbook for parents that describes how children are affected by abuse they experience or witness and helps parents understand how to respond. Also available in Spanish.

Children and Trauma: A Parent's Guide to Helping Children Heal by Cynthia Monahan. Lexington Books, 1993

Divorce from Justice: Abuse of Women and Children by Divorce lawyers and Judges by Karen Winner. Regan Books, 1996

Ghosts from the Nursery by Robin Kerr-Morse and Meredeith Wiles. Atlantic Monthly press, 1997

Women and Children Last: Custody Disputes and the Family "Justice" System by Georgina Taylor, Jan Barnsley, and Penny Goldsmith. Vancouver (BC) Custody and Access Support and Advocacy Association, 1996

Books to Read With Children

A Family that Fights by Sharon Chesler Bernstein. Whitman and Co., 1991

Breaking the Silence: Art Therapy With Children From Violent Homes by C.A. Malchiodi. Brunner/Mazel Publishers, New York, 1990

Daisy by Diane Davis, illus. Peter Thornton, Carolrhoda Books, 1991
A book for elementary age children, with multicultural illustrations.

Feelings, Families, and Friendships: Understanding Violence and Creating Peaceful Relationships: A Workbook for Young People by Boulder County Safehouse, Boulder, CO
A workbook that helps children to express themselves about violence and discusses ways for them to take care of themselves if there is violence in their lives, including violence at home.

Hear My Roar: A Story of Family Violence by Dr. Ty Hochban, illus. Vladyana Krykorka, Annick Press, 1994
A book for elementary aged children, with illustrations of an animal family.

Kids Workbook On Family Violence by the Minnesota Coalition for Battered Women and The Early Childhood Studies Program of the University of Minnesota, 1987
Workbook designed for use by elementary school children that includes an adult guide. Addresses battering, domestic abuse, and child abuse and neglect.

Living With My Family by Deaton and Johnson. Hunter House, 1991.
Workbook for children.

Never, No Matter What by Maryleah Otto. Woman's Press, Toronto, ON, 1988

A children's story about a mother who leaves an abuser and goes to a women's shelter.

Some Secrets are for Sharing by Randy Winston-Hillier, Waterfront Books
Elementary level.

Something is Wrong at My House: A Book About Parents' Fighting by D. Davis. Parenting Press, Seattle, 1984

Storybook for grades K-3 and 4-6. Discusses feelings and ways to cope with living in a violent home.

Take Care with Yourself by Laurie White and Steven Spencer, illus. Alice Eve Cohen, Day Star Press

For older pre-school and younger elementary students, with multicultural illustrations.

What Jamie Saw by Carolyn Coman. Penguin Books, 1997.

Storybook for 9-11 year olds.

When Mommy Got Hurt: A Story for Young Children About Domestic Violence by I. Lee and K. Sylvester. KidsRights, Charlotte, NC, 1996

Storybook for children ages 5-12. Assists children to avoid self-blame, to identify violence as wrong, and to discover that they are not alone in their experience.

Videos for Use With Children

"The Crown Prince" The Media Guild, (619) 755-9191.

For boys 10-18 and adult men.

"It's Not Always Happy at My House" by Tri-State Coalition, 1987.

(Available from Phoenix/Coronet, (800) 221-1274)

Primarily for battered mothers, but also useful for staff education and for working with children in therapeutic settings. Not recommended for classroom use, as the material is too upsetting for those children who have been affected. 34 minutes

"No Longer Alone" by C. LaBeau, 1986

Designed for use with grades 9-12, examining the dynamics of domestic violence and the impact on children. 30 minutes (Available from Phoenix/Coronet, (800) 221-1274)

"What About Us?" by Friday Street Productions and the B.C./Yukon Society of Transition Houses (Available from Kinetics, (800) 466-7631)

Video for children ages 8-17, presented through the eyes of a child who witnesses domestic violence. Helps children talk about and cope with abuse that they have been exposed to. 28 minutes

Games for Use With Children

The Talking, Feeling, Doing Game

The Nurturing Game

The Ungame (older children and teenagers)